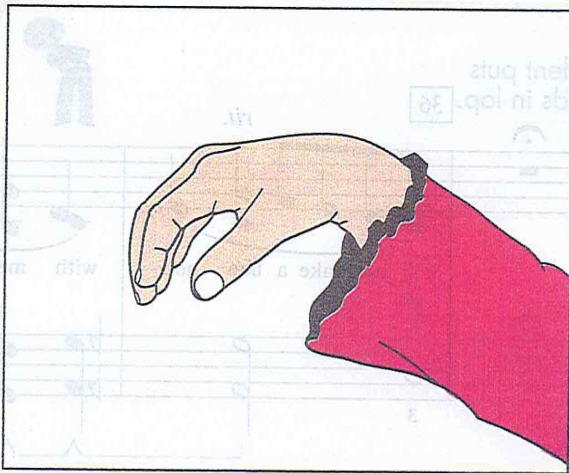
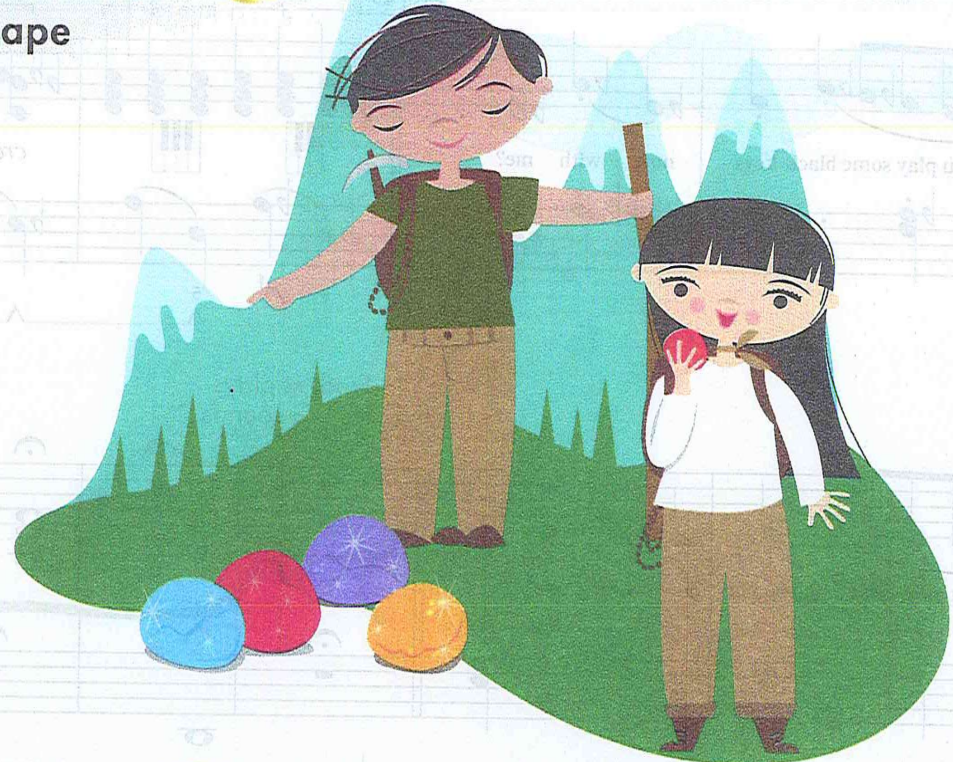


Stone on the Mountain

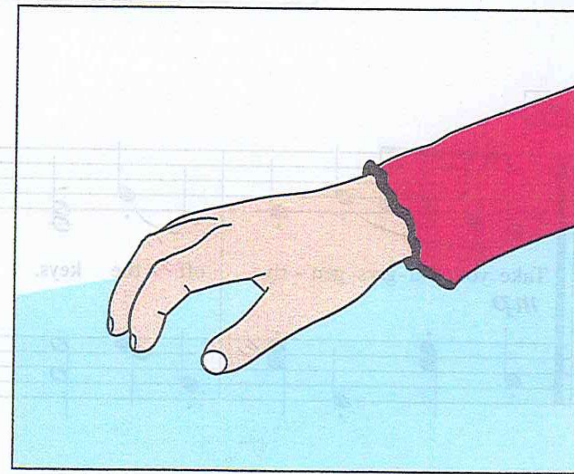
3

Technique: Arm Weight and Round Hand Shape

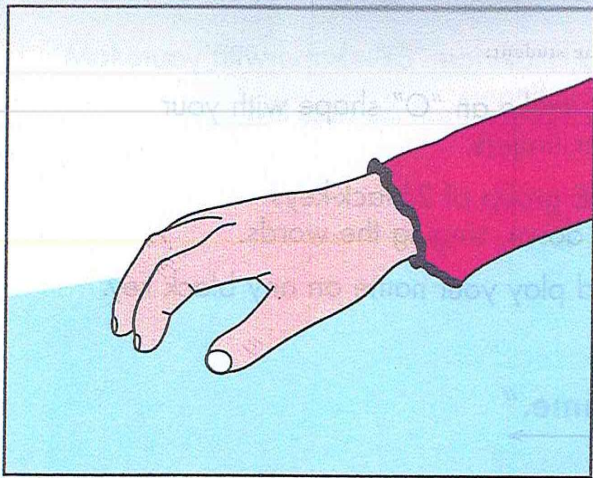
1. Pretend you have beautiful round stones in your hands. Katie's stone is red. What color is your stone?
2. Learn the words and do the motions for this song with your teacher. Can you chant with the voices on the CD?
3. Your teacher will demonstrate one of the pictures. Point to the one that matches. Then you be the teacher!



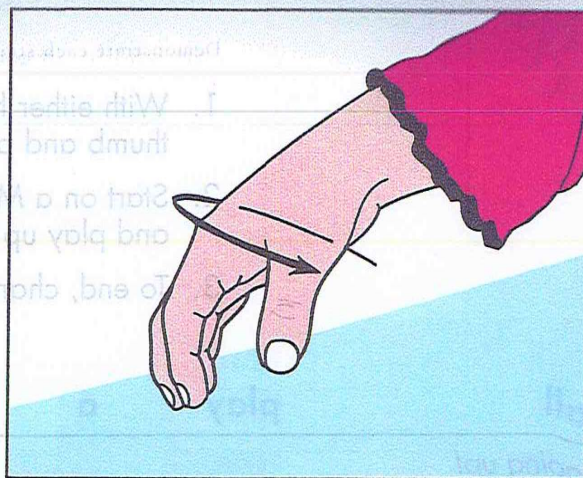
Stone on the mountain



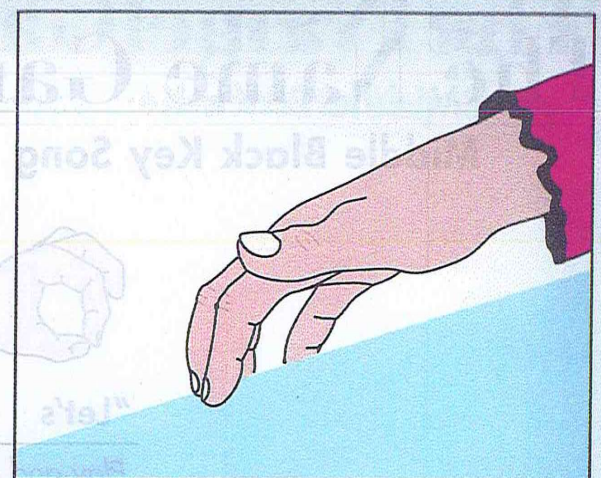
falls to the ground.



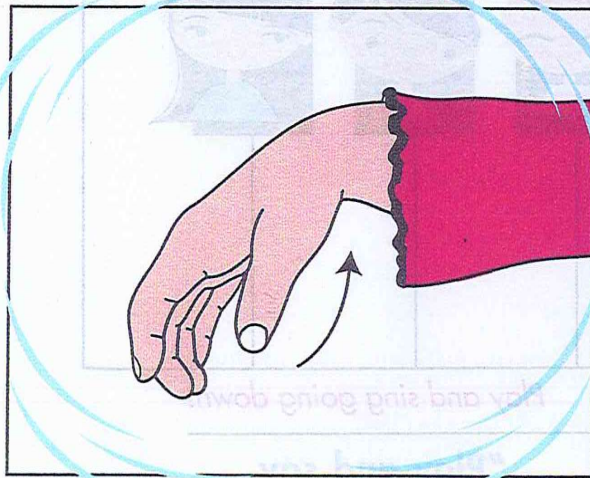
Hold it, mold it,



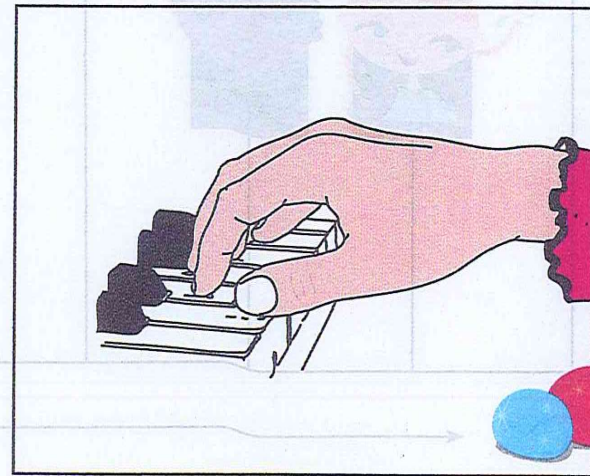
roll it around.



Lift your thumb,
tap 1-2-3.



WHOOOSH! goes the wind



and land on the keys.

Check yourself: Are you still holding your stone?
Is your hand rounded, resting gently on the keys?